

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Lizel Seesina

Has successfully participated & completed the

5km Cowhouse Christmas Night Run 2018

held at Cowhouse Market.

**TIME** 00:40:11

**PACE** 08:01/km

**OVERALL** 50 of 107

**GENDER** 30 of 68

**50 - 59** 2 of 10

21 December 2018, Fri

Date



